

## DIRECTIONS



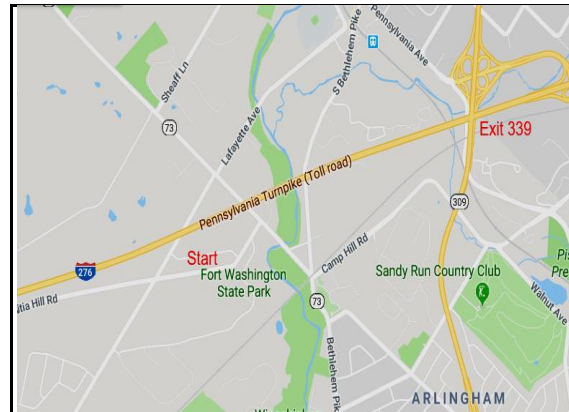
## PICNIC

The LBW Annual Picnic will begin at 12:30. All participants and/or family members and guests are invited to attend. There is no charge to attend the picnic. The club will provide food and refreshments including hot dogs, brats and hamburgers.

In addition, there will be salads and desserts provided by LBW members. Those wishing to contribute by bringing a salad or dessert are asked to contact the picnic coordinator **Linda Mueller**, 215-322-5648, [omapete@gmail.com](mailto:omapete@gmail.com)

The Start Point is best reached from Joshua Rd. and not the park's main entrance nor the official address which is the park office. Follow the directions below.

From the PA Turnpike I-276, take Exit 339 for Philadelphia/Ambler. Go through the toll booth and past the PA-309 S ramp. Continue straight onto Pennsylvania Ave. Drive 0.7 miles and turn left on Bethlehem Pike. Turn right on Skippack Pike/PA-73 (MaGerks Pub on the corner). After a short distance, go past the main entrance to the park then continue 0.25 miles to the light at Joshua Rd. Turn left on Joshua Rd. Cross Militia Hill Rd., then continue 0.25 miles to State Park Rd. Turn left on State Park Rd., then a quick right at the triangle following signs for Lot #1. Pavilion will be on the left. Also look for LBW road signs which will be posted along the way.



## Liberty Bell Wanderers

AVA 238

Invite You To A  
**10K/5K Walk  
&  
Annual Picnic**  
At  
**Ft. Washington State  
Park**  
Fort Washington, PA

**Saturday  
September 15, 2018**



AT18/111068



**DATE: Saturday, September 15, 2018**

**SPONSOR:** Liberty Bell Wanderers

**LOCATION:**

Fort Washington State Park  
6036 Joshua Road (for GPS purposes)  
Fort Washington, PA

**START POINT:** Pavilion at Lot #1

**START TIME:**

9:00 am – 11:00 am

**FINISH:**

Walkers must be off the trail by 3:00 pm.

**DISTANCE:** 10K or 5K

**FEES:**

This is a **Credit Only** event. **IVV Credit is \$3.00.** The event is **Free** to those not receiving IVV Credit.

**SPECIAL PROGRAMS:** Event qualifies for Animal Safari, Treasure Hunt, Trekking With the Trees, You'll Never Walk Alone, and PA County Program (Montgomery)

**TRAIL DESCRIPTION:**

**AVA Trail Rating – 2B**

The trail is on paved and grass covered surfaces with minor inclines. It also follows a picturesque footpath along the Wissahickon Creek. One of the highlights is the Hawk Observation Deck where 16 species of raptors that migrate on the East Coast can be seen from September thru October.

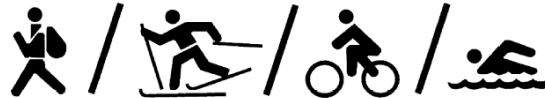
Difficult for strollers and wheelchairs.

**HISTORY:**

The park and community of Fort Washington take their name from the fort built there by soldiers of the American Revolution in the fall of 1777. There were 12,000 men of Gen. George Washington's army encamped there Nov. 2, 1777. Because of Washington's strong position, only local skirmishes with the British took place. The Continental Army left there on Dec. 11 and marched to Valley Forge for the courageous over-winter encampment.

**CONTACT INFORMATION:**

Dave Brown, 610-906-6252  
[ocmdbreeze@aol.com](mailto:ocmdbreeze@aol.com)  
[www.libertybellwanderers.net](http://www.libertybellwanderers.net)  
[www.ava.org](http://www.ava.org) Traditional Events  
Start Point Cell No. 610-906-6252



*This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV), and counts towards the acquisition of IVV Achievement Awards.*

**ELIGIBILITY:**

This event is open to the public. You do not need to be a member of the Liberty Bell Wanderers to participate. Adult supervision is required for all children.

**PROCEDURE:**

All participants must register and complete a Start Card which is carried on the walk, and must be returned at the Finish. This also applies to free walkers. Start Cards remain the property of the Liberty Bell Wanderers.

**FACILITIES:**

Parking is free. Restrooms are available at the Start Point. Water will be available at the Start Point and should be carried along the route.

**CONDITIONS:**

This event will be held regardless of weather conditions. There are no refunds. No littering. Pets are permitted but must be leashed and picked up after.

**DISCLAIMER:**

The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property. All participants must sign a waiver.